

Liver Cookies For Dogs

(Recipe from the Corgihouse Advent Calendar 2010)

Ingredients:

300 g / 0.7 lbs beef or chicken liver
100 g whole wheat flour (about 1 cup)
100 g whole rye flour (about 1 cup)
300 g / 0.7 lbs white wheat flour (about 3 cups)
2 eggs
1 pinch salt
2 tablespoons olive oil
1 sachet baking powder (15 g/0.5 oz.)
Some water, if necessary

Blend liver in a blender. This is a rather unsavory process, but for the Corgwn no effort should be spared J. If you use chicken liver, strain the blended liver through a sieve.

Preheat oven to 170°C /338°F (circulating air).

Mix all the ingredients into a dough. Best done with a food processor. The dough should be similar to cookie dough. If necessary add some water or flour.

Divide dough in half.

Roll out the 1st portion to about 1/4 inch (0.5 cm). A little flour will prevent the dough from sticking to the baking board.

Cut dough in strips, approx. 1 inch broad, 4 inches long, easiest with a pizza cutter.

Place the strips on a baking sheet, either covered with a baking paper or lightly sprayed with non-stick cooking spray.

Repeat procedure for the other dough portion.

Bake for about 15 minutes in circulation air at 338°F., then reduce heat to 248°F and bake, or rather dry, the cookies for another 30 minutes.

Important! The cookies must be baked through. Make sure by testing one.

Take cookies out of oven and let them cool off.

Provided they are absolutely dry, these cookies will keep fresh for weeks that is if you can withstand those begging Corgi eyes J

In the Corgihouse we store them in a cloth bag near the warm oven and out of reach of the sweet-toothed Corgis.

Remarks:

These cookies are just snacks, not basic foods. Cookie calories should therefore be deducted from the normal daily food portion. For dogs that must watch their weight, the size of the cookies can be reduced but not increased to ensure that they are baked through.

The cookies will gradually get quite hard which helps preventing tartar, but be careful in case of bad teeth!

The cookies are also handy as dog snacks on a day's walking tour.

Baking and consuming at your own risk!